



**UpdateNow!**  
 December, 2007 News from  
 CareNow

*"We make a living by what we get,  
 we make a life by what we give."  
 Sir Winston Churchill*

**Gifts in All Shapes and Sizes**

What a great time of year – we get the opportunity to give gifts to those we love. Additionally, we tend to give more smiles, hugs, and kindness to those we don't know – think about how great it feels to receive the gift of a smile or a simple "thank you". Some gifts given are unexpected for the recipient and can bring tremendous joy. Back in 2005 I was given the unexpected gift of becoming CareNow's Executive Director. It has been a gift I've truly cherished and for which I am so thankful. Together, we have raised funds to give the gift of hope and improved health to so many. In our line of work obtaining funding for administrative functions can be challenging. At this time the funding for my position is not available, and beginning later this month the day-to-day operations of CareNow will be in the very capable hands of our co-founders, Ed and Wendy Bjurstrom. While I am sad to leave my current post, I am delighted to volunteer when I can and am excited to see what awaits me in the next stage of my career. I would like to thank you for allowing me the opportunity to reach out to you with the gift of hope on behalf of those in need, and I have valued your support and generosity. I hope you cherish your unexpected gifts – open them, enjoy them, and give thanks for them! My wish for you this holiday season and throughout the New Year is peace, love, and profound joy.

**Project Updates**

Last month we shared with you the joy of having the shipment of supplies and equipment finally finding its way to the Lily Medical Centre. This month, the container of medications arrived! \$30,000 in contributions from CareNow donors translated to over \$750,000 of supplies, equipment, and medications - now that's leverage!



Susan and Stephanie's work in Zambia continues to inspire us all. [Click here to read Susan's most recent newsletter.](#)



**Carrie Sharpshair**  
Executive Director, [CareNow Foundation, Inc.](http://www.carenow.org)



**Holiday Shop Online and Help CareNow!**

**Donate to CareNow Using American Express and Receive Double Points Through 12/31/07!**

Log on to [www.americanexpress.com/give0004](http://www.americanexpress.com/give0004), click the link to "Contribute Now", find CareNow, and off you go! Earn double membership rewards points through December 31.

**Shop with Friends of CareNow**

Jewelry, anyone?! Check out Silpada Designs Jewelry at <http://mysilpada.com/Jean.Kellett>

Tell your Friends! During the month of December, anyone who orders Silpada Jewelry from Jean's website will result in CareNow receiving 100% of the profits from those purchases. Simply send Jean Kellett an email to tell her you heard about Silpada from the CareNow Foundation at [kellettjfk@yahoo.com](mailto:kellettjfk@yahoo.com) or call her at 818-458-9257 if you have any questions. Thanks, Jean, for your support of CareNow!

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How is the air you are breathing? Thank you to [Jan Lauerman of EcoQuest](#) - for each purchase made before the end of the year, Jan will donate 10% of her profit back to CareNow!



It's so easy... Just click the image above, enter CareNow in the "Who do you GoodSearch for" box, and shop away. A percentage of your holiday purchases will go directly to CareNow!

**Year End Contributions Reminder**

If you are considering a year end contribution, please keep in mind the following:

- The CareNow office will be closed the last week of December.
- Donations made with a check need to be postmarked by December 31, 2007. Donations received with postmarks after December 31, 2007 will be eligible for tax deductions in 2008.
- Credit card donations should be made online on or before Noon (Pacific) on December 31, 2007.



